

Introduction to Psychology

University of Wisconsin-Stevens Point, Spring 2022

Instructor: Dr. Erica Weisgram

Office: Science D235

Office Hours: 12-1MW, by appointment via Zoom

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Text: Meyers, D. G., & DeWall, C. N. (2019). *Exploring Psychology*, 11th Ed. Worth Publishers

Course Website: Canvas

Prerequisites: None

UWSP GEP Social Science Learning Outcomes

This course meets the General Education Program Investigative Level Social Science requirement for undergraduate students. The GEP Social Science Learning Outcomes are as follows:

- Define the major concepts and methods used by social scientists to investigate, to analyze, or to predict human or group behavior.
- Explain the major principles, models, and issues under investigation by the social sciences.
- Examine how the individual or groups of individuals are influenced by social, cultural, or political institutions both in their own culture and in other cultures.

Specific Course Objectives

Psychology is the science of behavior and mental processes. The goal of this course is to provide students with a general understanding of psychology as a scientific discipline. Throughout the course students will learn about psychological concepts and theories, research methods used in the field, and how psychology can be applied to contexts outside the classroom. By actively engaging with course material through in-class activities, lab activities, and writing assignments, students will gain a comprehension of and appreciation for the scientific study of behavior and mental processes.

At the conclusion of this semester, students will be able to:

- identify and describe major terms, concepts, and theories in psychology.
- apply theories of psychology to “real life” experiences.
- analyze, synthesize, and evaluate major concepts and theories in psychology.
- understand and think critically about current research in psychology.

Course Requirements

200 pts.	4 Exams (50pts each)
120 pts.	15 Quizzes (10 pts each; lowest 3 scores are dropped)
<u>50 pts.</u>	5 Activities (10 pts each)
370 pts.	

Exams. There will be four exams given throughout the semester with the last exam taking place during finals week. All exams will cover material presented in lecture, films, and the textbook. **The first three exams will be both multiple choice (40 pts.) and essay (10 pts.) in nature. The final exam will be entirely multiple choice.** If a student is unable to take the exam on the scheduled date for a University-Approved Reason (such as illness, family emergency, etc.), arrangements may be made *beforehand* to take a make-up the exam at another time. All No Shows (students who do not notify the instructor of an absence before the exam) who do not have documentation of illness or accident will receive a 0 on the exam and will not be allowed to take the test at an alternate time. Exams will not be comprehensive. **Final exams will be given on the date scheduled by the Registrar's office, without exception.**

Chapter Quizzes. Chapter quizzes will occur throughout the term. These chapter quizzes will consist of 10 multiple choice questions and will be administrated via Canvas. Each student will have TWO attempts to complete each quiz and the highest score will be recorded. Questions are randomly generated for each attempt (and each student) and thus you may not have the same questions in both attempts. There are 15 quizzes available throughout the course; the 12 highest scoring quizzes will be recorded. Given the already generous opportunities of having multiple attempts and THREE "freebies," students will not have the opportunity to make up quizzes after the deadline has passed. I recommend students take as many quizzes as possible and save one's "freebies" for any emergencies that may arise (i.e., computer crashes, family emergencies, illness, etc.). **These cannot be made up after the deadline has passed.**

Activities. Throughout the semester, students will complete activities in and out of class to practice concepts related to the topic at hand. This may include analysis of popular press articles, worksheets practicing concepts, etc. These activities will be discussed and instructions will be given in class. These activities will also be turned in on Canvas by 11:59pm on the date indicated on the syllabus. Late papers will receive a 10% per day penalty.

Attendance. Attendance is expected for this course. As exams include a significant lecture component, it is in students' best interest to attend class. Students who are unable to attend classes for an extended amount of time (more than three classes) due to personal or medical circumstances should contact the Dean of Students office (<http://www.uwsp.edu/dos/Pages/Major%20Illness%20or%20Life%20Event.aspx>; DOS@uwsp.edu).

Research Participation. Participation in research is a requirement of students enrolled in Psychology 110. Specifically, students must participate in at least 2 units of research to fulfill this requirement. An alternative writing assignment is available for students who do not wish to participate in research which will be submitted through a separate Canvas page. Students who do not complete this research participation requirement (or the alternative assignment) will receive an "Incomplete" for the course. See this website for further information: <http://www.uwsp.edu/psych/Pages/Psyc110ResearchRequirement.aspx>.

Final Course Grades:

The total number of points possible for this course is 370

Therefore, final grades will be determined as follows:

A	93%-100%	C	73%-76%
A-	90%-92%	C-	70%-72%
B+	87%-89%	D+	67%-69%
B	83%-86%	D	60%-66%
B-	80%-82%	F	<60%
C+	77%-79%		

Course Policies

- Students should arrive to class on time with cell phones turned off and in their backpack. Any students found to be using their phone during class will be asked to leave until they are finished.
- Students should read the appropriate chapters in the text before attending class
- Students should be open-minded to learning new information
- Students should demonstrate respect and professionalism toward fellow students and the instructor throughout the course
- Students may not photograph/video/film/audio record other students or the instructor in class without their prior consent
- In the event we must pivot to an online course modality, lectures posted to Canvas by the instructor are her own intellectual property and cannot be shared with others outside the course.

Course Communication

E-mail will be the official mode of communication for this course. Students should feel free to e-mail the instructor at any point with questions about course content. Students can generally expect a prompt response within 48 hours during the business week. (However, e-mails sent past 5pm may not be read until the next business day.) When e-mailing, please put "PSY 110" in the subject line to prevent being sorted into Junk Mail by the e-mail filter.

Academic Dishonesty

Academic dishonesty of any form (i.e., cheating, plagiarism, etc.) will not be tolerated. If a student is participating in any dishonest behavior, they will receive a "0" for the assignment or exam. It is important to uphold the academic integrity of this institution. Additional information about the consequences of academic dishonesty can be found here: [Academic Concerns for Students - Dean of Students | UWSP](#) Please consult this website if you have any questions or concerns about academic plagiarism: [Plagiarism Resources - How to Avoid Plagiarism - LibGuides at University of Wisconsin Stevens Point \(uwsp.edu\)](#)

Students with Disabilities

Students with disabilities will be appropriately accommodated. Please see Disability Services for further information and contact the instructor within the first two weeks of class.

<http://www.uwsp.edu/disability/Pages/default.aspx>

Student Rights and Responsibilities

Information about student rights and responsibilities can be found at:

<http://www.uwsp.edu/dos/Pages/Student-Conduct.aspx>

Withdrawal from Courses

See the Office of the Registrar for more information on withdrawing from courses:

<https://www.uwsp.edu/regrec/Pages/default.aspx>

Mandatory reporting

Under several federal and state laws, and according to several university guidelines, I am required to report acts of a criminal or offensive nature. This includes acts of sexual harassment and assault, bias and hate crimes, illicit drug use, and acts of violence. Any disclosure or description of these incidents – both current and in the past – may be reported to the Dean of Students office (<http://www.uwsp.edu/dos/>) or the local authorities. Due to recent legislation, if any disclosure of unreported neglect or abuse of a child, elder, or disabled individual is made to a University instructor, he or she is required to report such information to the appropriate administrative or law enforcement officials. This includes instances of sexual assault of an adult.

Use of Electronic Devices

Electronic Devices are not to be used during class time without the consent of the instructor. Any student found distracting others or the instructor with their use of electronic devices will be asked to put said device away or leave the classroom. Students may not photograph, videotape, or audio record the instructor without the express permission of the instructor. To maintain the integrity of in-class exams, the use of electronic devices will not be permitted during exams without prior documented approval from the Disability Services office or other pertinent offices on campus. This includes, but is not limited to, requests to use cellular or wireless network-enabled mobile devices for foreign language translation assistance. Students who are found using these devices will be dismissed and receive a zero for their exams. Other penalties will be considered under the misconduct policy.

Emergency Procedures

In the event of a medical emergency call 911 or use Red Emergency Phone (List Location). Offer assistance if trained and willing to do so. Guide Emergency Responders to victim. In the event of a tornado warning, proceed to the lowest level interior room without window.). See www.uwsp.edu/rmgt/Pages/em/procedures/other/floor-plans.aspx for floor plans showing severe weather shelters on campus. Avoid wide-span rooms and buildings. In the event of a fire alarm, evacuate the building in a calm manner. Meet at the HEC Center. Notify instructor or emergency command personnel of any missing individuals. Active Shooter – Run/Escape, Hide, Fight. If trapped hide, lock doors, turn off lights, spread out and remain quiet. Follow instructions of Emergency Responders. See UW-Stevens Point Emergency Management Plan at www.uwsp.edu/rmgt for details on all emergency response at UW-Stevens Point

Readings in Psychology (not required)

-Here is a list of some books that may be of interest to those interested in Psychology—these are on my reading list!

- *Psychology and the Real World: Essays Illustrating Fundamental Contributions to Society* (2011). Edited by: Gernbacher, Pew, Hough, & Pomerantz. Worth Publishers.
- *50 Great Myths of Popular Psychology: Shattering Widespread Misconceptions about Human Behavior*. (2010). By: Lilienfeld, Lynn, Ruscio, & Beverstein. Wiley.
- *Forty Studies that Changed Psychology: Explorations into the History of Psychological Research (6th Edition)* By: Roger Hock. Prentice Hall.
- A few books by Malcolm Gladwell including: *Tipping Point*, *Blink*, and *Outliers*

Resources for students:

Tutoring-Learning Center: <http://www.uwsp.edu/tlc/>

--Excellent resource for students who are in need of a little extra assistance. Tutors are UWSP students who are recommended by faculty members based on excellent performance in the program.

Counseling Center: <http://www.uwsp.edu/counseling/>

--Provides assistance for students for a number of issues including personal and academic concerns (including Time Management!)

Psychology Club: <http://www.uwsp.edu/psych/Pages/stuOrgs.aspx>

--Presentations, workshops, and meetings around the study of psychology

Psi Chi Honor Society: <http://www.uwsp.edu/psych/Pages/stuOrgs.aspx>

Date	Topics	Assignments
Jan 24	Introduction, Syllabus	
Jan 26	History	
Jan 28	Research Methods	Chapter 1; Chapter 1 Quiz
Jan 31	Research Methods	
Feb 2	Research Methods	
Feb 4	Biopsychology	Chapter 2; Chapter 2 Quiz
Feb 7	Biopsychology	ACTIVITY #1 DUE
Feb 9	Biopsychology	
Feb 11	Sensation and Perception	Chapter 6; Chapter 6 Quiz
Feb 14	Sensation and Perception	
Feb 16	Sensation and Perception	
Feb 18	Exam 1 (Chapters 1, 2, & 6)	
Feb 21	Learning	Chapter 7; Chapter 7 Quiz
Feb 23	Learning	
Feb 25	Learning	
Feb 28	Memory	Chapter 8, Chapter 8 Quiz
March 2	Memory	
March 4	Memory	ACTIVITY #2 DUE
March 7	Cognition and Intelligence	Chapter 9; Chapter 9 Quiz
March 9	Cognition and Intelligence	
March 11	Cognition and Intelligence	
March 14	Exam 2 (Chapters 7, 8, & 9)	
March 16	Developmental	Chapter 4; Chapter 4 Quiz
March 18	Developmental	ACTIVITY #3 DUE

March 21	Spring Break	
March 23	Spring Break	
March 25	Spring Break	
March 28	Developmental	
March 30	Gender and Sexuality	Chapter 5; Chapter 5 Quiz
April 1	Gender and Sexuality	
April 4	Gender and Sexuality	
April 6	Motivation and Emotion	Chapter 10; Chapter 10 Quiz
April 8	Motivation and Emotion	
April 11	Motivation and Emotion	
April 13	Personality	Chapter 13; Chapter 13 Quiz
April 15	Personality	ACTIVITY #4 DUE
April 18	Personality	
April 20	Exam 3 (Chapters 4, 10, 5, 13)	
April 22	Social Psychology	Chapter 12; Chapter 12 Quiz
April 25	Social Psychology	
April 27	Social Psychology	ACTIVITY #5 DUE
April 29	Psychological Disorders	Chapter 14; Chapter 14 Quiz
May 2	Psychological Disorders	
May 4	Psychological Disorders	
May 6	Therapy	Chapter 15; Chapter 15 Quiz
May 9	Therapy	
May 11	Therapy	
May 13	Review/Catch up	
Finals Week	Exam 4 (Chapters 12, 14, 15)	

